

Thursday, November 5  
Morning Prayer  
Orthodox Saints

Opening Sentence: Pentecost

Grace to you and peace from God our Father and the Lord Jesus Christ. Philippians 1:2

Confession

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. Amen.

Invitatory

Lord, open our lips.

And our mouth shall proclaim your praise.  
Glory to the Father, and to the Son, and to the Holy Spirit,  
As it was in the beginning, is now, and will be for ever. Amen.

Alleluia. The Lord has shown forth his glory: Come let us adore him. Alleluia.

Venite Psalm 95:1-7

Come let us sing to the Lord; \*  
let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving \*  
and raise a loud shout to him with psalms.

For the Lord is a great God, \*  
and a great King above all gods.

In his hand are the caverns of the earth, \*  
and the heights of the hills are his also.

The sea is his, for he made it, \*  
and his hands have molded the dry land.

Come, let us bow down, and bend the knee, \*  
and kneel before the Lord our Maker.

For he is our God,  
and we are the people of his pasture and the sheep of his hand. \*  
Oh, that today you would hearken to his voice!

Antiphon

Alleluia. The Lord has shown forth his glory: Come let us adore him. Alleluia.

Psalm 71 *In te, Domine, speravi*

1

In you, O LORD, have I taken refuge; \*  
let me never be ashamed.

2

In your righteousness, deliver me and set me free; \*  
incline your ear to me and save me.

3

Be my strong rock, a castle to keep me safe; \*  
you are my crag and my stronghold.

4

Deliver me, my God, from the hand of the wicked, \*  
from of the clutches of the evildoer and the oppressor.

5

For you are my hope, O LORD God, \*  
my confidence since I was young.

6

I have been sustained by you ever since I was born;  
from my mother's womb you have been my strength; \*  
my praise shall be always of you.

7

I have become a portent to many; \*  
but you are my refuge and my strength.

8

Let my mouth be full of your praise \*  
and your glory all the day long.

9

Do not cast me off in my old age; \*  
forsake me not when my strength fails.

10

For my enemies are talking against me, \*  
and those who lie in wait for my life take counsel together.

11

They say, "God has forsaken him;  
go after him and seize him; \*  
because there is none who will save."

12

O God, be not far from me; \*  
come quickly to help me, O my God.

13

Let those who set themselves against me be put to shame and be disgraced; \*  
let those who seek to do me evil be covered with scorn and reproach.

14

But I shall always wait in patience, \*  
and shall praise you more and more.

15

My mouth shall recount your mighty acts  
and saving deeds all day long; \*  
though I cannot know the number of them.

16

I will begin with the mighty works of the Lord GOD; \*  
I will recall your righteousness, yours alone.

17

O God, you have taught me since I was young, \*  
and to this day I tell of your wonderful works.

18

And now that I am old and gray-headed, O God, do not forsake me, \*  
till I make known your strength to this generation  
and your power to all who are to come.

19

Your righteousness, O God, reaches to the heavens; \*  
you have done great things;  
who is like you, O God?

20

You have showed me great troubles and adversities, \*  
but you will restore my life  
and bring me up again from the deep places of the earth.

21 You strengthen me more and more; \*  
you enfold and comfort me,

22 Therefore I will praise you upon the lyre for your faithfulness, O my God; \*  
I will sing to you with the harp, O Holy One of Israel.

23 My lips will sing with joy when I play to you, \*  
and so will my soul, which you have redeemed.

24 My tongue will proclaim your righteousness all day long, \*  
for they are ashamed and disgraced who sought to do me harm.

### Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit  
as it was in the beginning, is now, and will be for ever. Amen.

### Old Testament Lesson

#### Ezra 7:11-26 (NRSV)

11 This is a copy of the letter that King Artaxerxes gave to the priest Ezra, the scribe, a scholar of the text of the commandments of the LORD and his statutes for Israel: 12 "Artaxerxes, king of kings, to the priest Ezra, the scribe of the law of the God of heaven:Peace. And now 13 I decree that any of the people of Israel or their priests or Levites in my kingdom who freely offers to go to Jerusalem may go with you. 14 For you are sent by the king and his seven counselors to make inquiries about Judah and Jerusalem according to the law of your God, which is in your hand, 15 and also to convey the silver and gold that the king and his counselors have freely offered to the God of Israel, whose dwelling is in Jerusalem, 16 with all the silver and gold that you shall find in the whole province of Babylonia, and with the freewill offerings of the people and the priests, given willingly for the house of their God in Jerusalem. 17 With this money, then, you shall with all diligence buy bulls, rams, and lambs, and their grain offerings and their drink offerings, and you shall offer them on the altar of the house of your God in Jerusalem. 18 Whatever seems good to you and your colleagues to do with the rest of the silver and gold, you may do, according to the will of your God. 19 The vessels that have been given you for the service of the house of your God, you shall deliver before the God of Jerusalem. 20 And whatever else is required for the house of your God, which you are responsible for providing, you may provide out of the king's treasury. 21 "I, King Artaxerxes, decree to all the treasurers in the province Beyond the River:Whatever the priest Ezra, the scribe of the law of the God of heaven, requires of you, let it be done with all diligence, 22 up to one hundred talents of silver, one hundred cors of wheat, one hundred baths of wine, one hundred baths of oil, and unlimited salt. 23 Whatever is commanded by the God of heaven, let it be done with zeal for the house of the God of heaven, or wrath will come upon the realm of the king and his heirs. 24

We also notify you that it shall not be lawful to impose tribute, custom, or toll on any of the priests, the Levites, the singers, the doorkeepers, the temple servants, or other servants of this house of God.

25 "And you, Ezra, according to the God-given wisdom you possess, appoint magistrates and judges who may judge all the people in the province Beyond the River who know the laws of your God; and you shall teach those who do not know them. 26 All who will not obey the law of your God and the law of the king, let judgment be strictly executed on them, whether for death or for banishment or for confiscation of their goods or for imprisonment."

The Word of the Lord.

Thanks be to God.

Canticle 8 The Song of Moses

Cantemus Domino Exodus 15:1-6, 11-13, 17-18

I will sing to the Lord, for he is lofty and uplifted; \*  
the horse and its rider has he hurled into the sea.

The Lord is my strength and my refuge; \*  
the Lord has become my Savior.

This is my God and I will praise him, \*  
the God of my people and I will exalt him.

The Lord is a mighty warrior; \*  
Yahweh is his Name.

The chariots of Pharaoh and his army has he hurled into the sea  
the finest of those who bear armor have been drowned in the Red Sea.

The fathomless deep has overwhelmed them; \*  
they sank into the depths like a stone.

Your right hand, O Lord, is glorious in might; \*  
your right hand, O Lord, has overthrown the enemy.

Who can be compared with you, O Lord, among the gods? \*  
who is like you, glorious in holiness,  
awesome in renown, and worker of wonders?

You stretched forth your right hand; \*  
the earth swallowed them up.

With your constant love you led the people you redeemed; \*  
with your might you brought them in safety to your holy dwelling.

You will bring them in and plant them \*  
on the mount of your possession,

The resting-place you have made for yourself, O Lord, \*  
the sanctuary, O Lord, that your hand has established.

The Lord shall reign \*  
for ever and for ever.

Glory to the Father, and to the Son, and to the Holy Spirit  
as it was in the beginning, is now, and will be for ever. Amen.

New Testament Lesson

Revelation 14:1-13 (NRSV)

1 Then I looked, and there was the Lamb, standing on Mount Zion! And with him were one hundred forty-four thousand who had his name and his Father's name written on their foreheads. 2 And I heard a voice from heaven like the sound of many waters and like the sound of loud thunder; the voice I heard was like the sound of harpists playing on their harps, 3 and they sing a new song before the throne and before the four living creatures and before the elders. No one could learn that song except the one hundred forty-four thousand who have been redeemed from the earth. 4 It is these who have not defiled themselves with women, for they are virgins; these follow the Lamb wherever he goes. They have been redeemed from humankind as first fruits for God and the Lamb, 5 and in their mouth no lie was found; they are blameless.

6 Then I saw another angel flying in midheaven, with an eternal gospel to proclaim to those who live on the earth—to every nation and tribe and language and people. 7 He said in a loud voice, "Fear God and give him glory, for the hour of his judgment has come; and worship him who made heaven and earth, the sea and the springs of water."

8 Then another angel, a second, followed, saying, "Fallen, fallen is Babylon the great! She has made all nations drink of the wine of the wrath of her fornication."

9 Then another angel, a third, followed them, crying with a loud voice, "Those who worship the beast and its image, and receive a mark on their foreheads or on their hands, 10 they will also drink the wine of God's wrath, poured unmixed into the cup of his anger, and they will be tormented with fire and sulfur in the presence of the holy angels and in the presence of the Lamb. 11 And the smoke of their torment goes up forever and ever. There is no rest day or night for those who worship the beast and its image and for anyone who receives the mark of its name."

12 Here is a call for the endurance of the saints, those who keep the commandments of God and hold

fast to the faith of Jesus.

13 And I heard a voice from heaven saying, "Write this: Blessed are the dead who from now on die in the Lord." "Yes," says the Spirit, "they will rest from their labors, for their deeds follow them."

The Word of the Lord.

Thanks be to God.

Gospel

Matthew 14:1-12 (NRSV)

1 At that time Herod the ruler heard reports about Jesus; 2 and he said to his servants, "This is John the Baptist; he has been raised from the dead, and for this reason these powers are at work in him." 3 For Herod had arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, 4 because John had been telling him, "It is not lawful for you to have her." 5 Though Herod wanted to put him to death, he feared the crowd, because they regarded him as a prophet. 6 But when Herod's birthday came, the daughter of Herodias danced before the company, and she pleased Herod 7 so much that he promised on oath to grant her whatever she might ask. 8 Prompted by her mother, she said, "Give me the head of John the Baptist here on a platter." 9 The king was grieved, yet out of regard for his oaths and for the guests, he commanded it to be given; 10 he sent and had John beheaded in the prison. 11 The head was brought on a platter and given to the girl, who brought it to her mother. 12 His disciples came and took the body and buried it; then they went and told Jesus.

The Word of the Lord.

Thanks be to God.

Canticle 20 Glory to God

Gloria in excelsis

Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

- Departure of Saints Apollo and Abib
  - Sainted Jona, Archbishop of Novgorod (+1470)
  - Martyrs Galaktion and Epistimia (III)
  - Disciples from the Seventy: Patrobus, Hermas, Linus, Caius, Philologos (I)
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On this day we commemorate the departure of the angel-like St. Apollo and the striving worshipper St. Abib. Apollo was born in the City of Akhmim. His father's name was Amone and his mother's name was Eyse. Both of them were righteous before God and loving to strangers and saints. They did not have a son. One night his mother saw in a dream a shining man who had a tree with him which he planted in her house and it grew and bore fruit. He told her: "Whosoever shall eat of this fruit shall live forever". She ate from it, found it sweet and said: "I wonder if I would bear a fruit".

When she awoke from her sleep she told her husband about the dream. He told her that he had seen the same dream and they glorified God exceedingly. They increased their righteousness and their striving. They fasted every other two days and their food was bread and salt. After a while she conceived, and a boy was born whom they called Apollo. They further advanced in righteousness.

When the boy had grown up and learned the subject of divinity, he longed for the monastic life. This longing increased when he met a friend called Abib. They went together to one of the monasteries and became monks there. They practised many ascetic works and lead a life pleasing to God. The saint Abba Abib departed on the twenty-fifth day of Babah.

Thereupon Abba Apollo went to Ablug Mountain and many gathered around him and he taught them the fear of God and the way of worship. Sometimes they celebrated the commemoration of the departure of St. Abib to fulfil the saying of the Holy Bible: "The righteous will be in everlasting remembrance" (Psalm 112:6).

Abba Apollo lived many years and he had many monasteries and many brethren. He lived during the time of St. Macarius the Great,

who heard about him and rejoiced. He wrote him a letter to comfort

him and the brethren and to assert them in their obedience of the Lord.

As St. Macarius was writing his letter, Abba Apollo knew by the spirit that St. Macarius was writing them a letter and there he said to the brethren sitting around him: "Listen my brethren. Behold the Great Abba Macarius is writing to us a letter full of comfort and spiritual teachings". When a brethren arrived with the letter, they received him with joy then read it and their hearts were consoled.

It was St. Apollo who had gone to St. Amonius and saw her stand in the middle of the fire but did not burn.

When the Lord Jesus wished to give him rest from the labor of this world, he departed in peace.

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Sainted Jona, Archbishop of Novgorod, in the world named John (Ioann), was early on left orphaned and then adopted by a certain pious widow living in Novgorod. She raised the child and sent him off to school. Blessed Michael Klopsky, one time chancing to meet John on the street, foretold that he would become archbishop of Novgorod. John received tonsure at the Otensk wilderness-monastery, 50 versts distant from the city, and he became hegumen of this monastery. It was from here that the Novgorod people chose him as their archbishop in 1458, after the death of Sainted Evphymii. Saint Jona enjoyed great influence at Moscow, and during his time as hierarch the Moscow princes did not infringe upon the independence of Novgorod. The Moscow Metropolitan Saint Jona (1449-1461) was a friend of the Novgorod Archbishop Saint Jona, and desired to see him become his successor. Archbishop Jona built for the first time in the Novgorod lands -- a church in honour of the Monk Sergei of Radonezh (in 1463). Concerning himself over reviving traditions of the old days in the Novgorod Church, he summoned to Novgorod the reknown compiler of Saints' Lives -- Pakhomii the Logothete, who wrote on the basis of local sources both services and vitae of the best known Novgorod Saints.

And to this time period belongs also the beginnings of the founding of the Solovetsk monastery. Saint Jona rendered much help and assistance in the organising of the monastery. To the Monk Zosima he gave a special land-grant letter of blessing (in conjunction with the secular authorities of Novgorod), by which was bestowed over the whole of Solovetsk Island under the land-holdings of the new monastery.

The saint, after his many toils, and sensing the approach of his end, wrote a spiritual last-instruction to bury his body at the Otensk monastery. On 5 November 1470, having communed the Holy Mysteries, the saint expired to the Lord.

There has survived to the present day a Letter of Saint Jona to metropolitan Theodosii, written in the year 1464. The life of the saint was written in the form of a short account in the year 1472 (included in the work, *Memorials of Old Russian Literature*, and likewise in the *Veliki Chet'i-Minei* [*Great Reading Menaion*] of Metropolitan Makarii, under 5 November). In 1553, after the uncovering of the relics of Archbishop Jona, an account was compiled about this event, from the pen of the monk Zinovii of Otensk. A special work about the miracles of the saint is found in manuscripts of the XVII Century.

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The Holy Martyrs Galaktion and Epistimia: A rich and distinguished couple named Klitophon and Leukippia lived in the city of Phoenician Emesa, and for a long time they were childless. The spouses gave over much gold to the pagan priests, but still they remained childless.

The city of Emesa in the III Century was governed by a Syrian named Secundus, put there by the Roman Caesars. He was a merciless and zealous persecutor of Christians, and to intimidate them he gave orders to display out on the streets the instruments of refined torture. The slightest suspicion of belonging to "the sect of the Galileian" (as thus Christians were called by the pagans), sufficed to get a man arrested and handed over for torture. In spite of this, many Christians voluntarily gave themselves over into the hands of the executioners, in their desire to suffer for Christ.

A certain old man, by the name of Onuphrios, concealing beneath his beggar's rags his monastic and priestly dignity, walked from house to house in Emesa, begging alms. Everywhere where he saw the possibility to turn people away from the pagan error, there he preached about Christ. One time he came to the magnificent house of Leukippia. In accepting alms from her he sensed, that the woman was in sorrow, and he asked what was the cause of this sadness. She told the elder about her familial misfortune. In consoling her, Onuphrios began to tell her about the One True God, about His almightiness and mercy, and that He always grants the prayer of those turning to Him with faith. Hope filled the soul of Leukippia. She believed and accepted Holy Baptism. Soon after this in a dream it was revealed to her, that she would give birth to a son, who would be a true follower of Christ. At first Leukippia concealed from her husband her delight, but after the infant was born, she revealed the secret to her husband and persuaded him likewise to be baptised.

They named the baby Galaktion. His parents raised him in the Christian faith and provided him a fine education. He could make for himself an illustrious career, but Galaktion sought rather for an immaculate and monastic life -- in solitude and prayer.

When Galaktion turned age 24, his father resolved to marry him off and they found him a bride, a beautiful and illustrious girl by the name of Epistimia. The son did not oppose the will of his father; however, through the will of God, the nuptials were for a certain while postponed. Visiting often with his betrothed, Galaktion gradually revealed about his faith to her, and he converted her to Christ and he himself secretly baptised her. Together with Epistimia he baptised also one of her servants, Eutolmios. The newly-illuminated decided, on the initiative of Galaktion, to devote themselves to a monastic life. Quitting the city, they hid themselves away on Mount Publion, where there were two monasteries, one for men and the other for women. The new monastics had to take with them all the necessities for physical toil, since the inhabitants of both monasteries were both old and infirm. For several years the monastics asceticised at work, fasting and prayer. But one time Epistimia had a vision in her sleep: Galaktion and she stood in a wondrous palace before the Resplendent King, and the King bestowed on them golden crowns. This was a presentiment of their impending martyr's end.

The existence of the monasteries became known to the pagans, and a military detachment was sent off to apprehend their inhabitants. But the monks and the nuns succeeded in hiding themselves away in the hills. Galaktion however had no desire to flee and so he remained in his cell, reading Holy Scripture. When Epistimia saw that the soldiers were leading away Galaktion in chains, she began to implore the hegumeness to permit her to go also, since she wanted to accept torture for Christ together with her fiancée-teacher. The hegumeness with tears blessed Epistimia to do so.

The saints endured terrible torments, whilst supplicating and glorifying Christ. By order of the judge they were quartered asunder.

Eutolmios, the former servant of Epistimia, and who had become her brother in Christ and co-ascetic in monastic deeds, secretly gave reverent burial to the bodies of the holy martyrs. He later wrote in eulogy of their lives, for both his contemporaries and posterity.

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The Disciples from the Seventy: Patrobus, Hermas, Linus, Caius and Philologos (I) preached the Gospel in diverse cities, each enduring various hardships in their service as bishops. Saint Patrobus (Rom 16:14) was bishop of Neopolis (now Naples) and Puteola in Italy. The Disciple Hermas was bishop in the city of Philippopolis where he died a martyr). Linus (2 Tim 4:21) was a successor to the Apostle Peter at Rome. Saint Caius (Rom 16:23), after the Disciple Timothy, was bishop of Ephesus. The Apostle Andrew ordained Saint Philologos (Rom 16:15) as bishop of the city of Sinope (in the Black Sea region).

### Apostles' Creed

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,

the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

### The Lord's Prayer

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in  
heaven.

Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those who trespass  
against us.

And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

### Suffrages A

Show us your mercy, O Lord;

And grant us your salvation.

Clothe your ministers with righteousness;

Let your people sing with joy.

Give peace, O Lord, in all the world;

For only in you can we live in safety.

Lord, keep this nation under your care;

And guide us in the way of justice and truth.

Let your way be known upon earth;

Your saving health among all nations.

Let not the needy, O Lord, be forgotten;

Nor the hope of the poor be taken away.

Create in us clean hearts, O God;

And sustain us with your Holy Spirit.

Collect of the Day: Pentecost, proper 26

Almighty and merciful God, it is only by your gift that your faithful people offer you true and laudable service: Grant that we may run without stumbling to obtain your heavenly promises; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

A Collect for the Renewal of Life

O God, the King eternal, who divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness while it was day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. Amen.

For Mission

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. Amen.

World Cycle of Prayer

We pray for the people of Paraguay.

[Paraguay.com](http://Paraguay.com) (news site)

Ecumenical Cycle of Prayer

We pray for our sisters and brothers, members of the Evangelical Presbyterian Church.

## The Evangelical Presbyterian Church

### For Peace Among Nations

Almighty God our heavenly Father, guide the nations of the world into the way of justice and truth, and establish among them that peace which is the fruit of righteousness, that they may become the kingdom of our Lord and Savior Jesus Christ. Amen.

### For Those in the Armed Forces of Our Country

Almighty God, we commend to your gracious care and keeping all the men and women of our armed forces at home and abroad. Defend them day by day with your heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be; through Jesus Christ our Lord. Amen.

### For the Conservation of Natural Resources

Almighty God, in giving us dominion over things on earth, you made us fellow workers in your creation: Give us wisdom and reverence so to use the resources of nature, that no one may suffer from our abuse of them, and that generations yet to come may continue to praise you for your bounty; through Jesus Christ our Lord. Amen.

### A Prayer of Self-Dedication

Almighty and eternal God, so draw our hearts to you, so guide our minds, so fill our imaginations, so control our wills, that we may be wholly yours, utterly dedicated unto you; and then use us, we pray you, as you will, and always to your glory and the welfare of your people; through our Lord and Savior Jesus Christ. Amen.

### General Thanksgiving

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

### A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

Benediction

Let us bless the Lord. Alleluia. Alleluia.

Thanks be to God. Alleluia. Alleluia.

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit.  
Amen. *Romans 15:13*