

Thursday, October 15

Morning Prayer

Teresa of Avila

Opening Sentence: Pentecost

Thus says the high and lofty One who inhabits eternity, whose name is Holy, "I dwell in the high and holy place and also with the one who has a contrite and humble spirit, to revive the spirit of the humble and to revive the heart of the contrite." Isaiah 57:15

Confession

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. Amen.

Invitatory

Lord, open our lips.

And our mouth shall proclaim your praise.  
Glory to the Father, and to the Son, and to the Holy Spirit,  
As it was in the beginning, is now, and will be for ever. Amen.

Alleluia. The earth is the Lord's for he made it: Come let us adore him. Alleluia.

Jubilate

Be joyful in the Lord, all you lands;  
serve the Lord with gladness  
and come before his presence with a song.

Know this: The Lord himself is God;  
he himself has made us, and we are his;

we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;  
go into his courts with praise;  
give thanks to him and call upon his Name.

For the Lord is good;  
his mercy is everlasting;  
and his faithfulness endures from age to age.

Antiphon

Alleluia. The earth is the Lord's for he made it: Come let us adore him. Alleluia.

Psalm 18 *Diligam te, Domine.*

1

I love you, O LORD my strength, \*  
O LORD my stronghold, my crag, and my haven.

2

My God, my rock in whom I put my trust, \*  
my shield, the horn of my salvation, and my refuge;  
you are worthy of praise.

3

I will call upon the LORD, \*  
and so shall I be saved from my enemies.

4

The breakers of death rolled over me, \*  
and the torrents of oblivion made me afraid.

5

The cords of hell entangled me, \*  
and the snares of death were set for me.

6

I called upon the LORD in my distress \*  
and cried out to my God for help.

7

He heard my voice from his heavenly dwelling; \*  
my cry of anguish came to his ears.

8

The earth reeled and rocked; \*

the roots of the mountains shook;  
they reeled because of his anger.

9

Smoke rose from his nostrils  
and a consuming fire out of his mouth; \*  
hot burning coals blazed forth from him.

10

He parted the heavens and came down \*  
with a storm cloud under his feet.

11

He mounted on cherubim and flew; \*  
he swooped on the wings of the wind.

12

He wrapped darkness about him; \*  
he made dark waters and thick clouds his pavilion.

13

From the brightness of his presence, through the clouds, \*  
burst hailstones and coals of fire.

14

The LORD thundered out of heaven; \*  
the Most High uttered his voice.

15

He loosed his arrows and scattered them; \*  
he hurled thunderbolts and routed them.

16

The beds of the seas were uncovered,  
and the foundations of the world laid bare, \*  
at your battle cry, O LORD,  
at the blast of the breath of your nostrils.

17

He reached down from on high and grasped me; \*  
he drew me out of great waters.

18

He delivered me from my strong enemies  
and from those who hated me; \*  
for they were too mighty for me.

19

They confronted me in the day of my disaster; \*  
but the LORD was my support.

20

He brought me out into an open place; \*  
he rescued me because he delighted in me.

Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit  
as it was in the beginning, is now, and will be for ever. Amen.

Old Testament Lesson

Jeremiah 38:1-13 (NRSV)

1 Now Shephatiah son of Mattan, Gedaliah son of Pashhur, Jucal son of Shelemiah, and Pashhur son of Malchiah heard the words that Jeremiah was saying to all the people, 2 Thus says the LORD, Those who stay in this city shall die by the sword, by famine, and by pestilence; but those who go out to the Chaldeans shall live; they shall have their lives as a prize of war, and live. 3 Thus says the LORD, This city shall surely be handed over to the army of the king of Babylon and be taken. 4 Then the officials said to the king, "This man ought to be put to death, because he is discouraging the soldiers who are left in this city, and all the people, by speaking such words to them. For this man is not seeking the welfare of this people, but their harm." 5 King Zedekiah said, "Here he is; he is in your hands; for the king is powerless against you." 6 So they took Jeremiah and threw him into the cistern of Malchiah, the king's son, which was in the court of the guard, letting Jeremiah down by ropes. Now there was no water in the cistern, but only mud, and Jeremiah sank in the mud. 7 Ebed-melech the Ethiopian, a eunuch in the king's house, heard that they had put Jeremiah into the cistern. The king happened to be sitting at the Benjamin Gate, 8 So Ebed-melech left the king's house and spoke to the king, 9 "My lord king, these men have acted wickedly in all they did to the prophet Jeremiah by throwing him into the cistern to die there of hunger, for there is no bread left in the city." 10 Then the king commanded Ebed-melech the Ethiopian, "Take three men with you from here, and pull the prophet Jeremiah up from the cistern before he dies." 11 So Ebed-melech took the men with him and went to the house of the king, to a wardrobe of the storehouse, and took from there old rags and worn-out clothes, which he let down to Jeremiah in the cistern by ropes. 12 Then Ebed-melech the Ethiopian said to Jeremiah, "Just put the rags and clothes between your armpits and the ropes." Jeremiah did so. 13 Then they drew Jeremiah up by the ropes and pulled him out of the cistern. And Jeremiah remained in the court of the guard.

The Word of the Lord.

Thanks be to God.

Canticle 8 The Song of Moses

Cantemus Domino Exodus 15:1-6, 11-13, 17-18

I will sing to the Lord, for he is lofty and uplifted; \*  
the horse and its rider has he hurled into the sea.

The Lord is my strength and my refuge; \*

the Lord has become my Savior.

This is my God and I will praise him, \*  
the God of my people and I will exalt him.

The Lord is a mighty warrior; \*  
Yahweh is his Name.

The chariots of Pharaoh and his army has he hurled into the sea  
the finest of those who bear armor have been drowned in the Red Sea.

The fathomless deep has overwhelmed them; \*  
they sank into the depths like a stone.

Your right hand, O Lord, is glorious in might; \*  
your right hand, O Lord, has overthrown the enemy.

Who can be compared with you, O Lord, among the gods? \*  
who is like you, glorious in holiness,  
awesome in renown, and worker of wonders?

You stretched forth your right hand; \*  
the earth swallowed them up.

With your constant love you led the people you redeemed; \*  
with your might you brought them in safety to your holy dwelling.

You will bring them in and plant them \*  
on the mount of your possession,

The resting-place you have made for yourself, O Lord, \*  
the sanctuary, O Lord, that your hand has established.

The Lord shall reign \*  
for ever and for ever.

Glory to the Father, and to the Son, and to the Holy Spirit  
as it was in the beginning, is now, and will be for ever. Amen.

New Testament Lesson

## 1 Corinthians 14:26-33a, 37-40 (NRSV)

26 What should be done then, my friends? When you come together, each one has a hymn, a lesson, a revelation, a tongue, or an interpretation. Let all things be done for building up. 27 If anyone speaks in a tongue, let there be only two or at most three, and each in turn; and let one interpret. 28 But if there is no one to interpret, let them be silent in church and speak to themselves and to God. 29 Let two or three prophets speak, and let the others weigh what is said. 30 If a revelation is made to someone else sitting nearby, let the first person be silent. 31 For you can all prophesy one by one, so that all may learn and all be encouraged. 32 And the spirits of prophets are subject to the prophets, 33 for God is a God not of disorder but of peace.

37 Anyone who claims to be a prophet, or to have spiritual powers, must acknowledge that what I am writing to you is a command of the Lord. 38 Anyone who does not recognize this is not to be recognized. 39 So, my friends, be eager to prophesy, and do not forbid speaking in tongues; 40 but all things should be done decently and in order.

The Word of the Lord.

Thanks be to God.

## Gospel

### Matthew 10:34-42 (NRSV)

34 "Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword.

35 For I have come to set a man against his father,  
and a daughter against her mother,  
and a daughter-in-law against her mother-in-law;

36 and one's foes will be members of one's own household.

37 Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; 38 and whoever does not take up the cross and follow me is not worthy of me. 39 Those who find their life will lose it, and those who lose their life for my sake will find it. 40 "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. 41 Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; 42 and whoever gives even a cup of cold water to one of these little ones in the name of a disciple-truly I tell you, none of these will lose their reward."

The Word of the Lord.

Thanks be to God.

Canticle 20 Glory to God  
Gloria in excelsis

Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

Teresa of Avila *15 October 1582*

Teresa de Cepeda y Ahumada (later known as Teresa de Jesus) was born in Avila, Spain, 28 March 1515, one of ten children whose mother died when she was fifteen. Her family was of partly Jewish ancestry. Teresa, having read the letters of Jerome, decided to become a nun, and when she was 20, she entered the Carmelite convent in Avila. There she fell seriously ill, was in a coma for a while, and partially paralyzed for three years. In her early years as a nun, she was, by her account, assiduous in prayer while sick but lax and lukewarm in her prayers and devotions when the sickness had passed. However, her prayer life eventually deepened, she began to have visions and a vivid sense of the presence of God, and was converted to a life of extreme devotion.

In 1560 she resolved to reform the monastery that had, she thought, departed from the order's original intention and become insufficiently austere. Her proposed reforms included strict enclosure (the nuns were not to go to parties and social gatherings in town, or to have social visitors at the convent, but to stay in the convent and pray and study most of their waking hours) and discalcing (literally, taking off one's shoes, a symbol of poverty, humility, and the simple life, uncluttered by luxuries and other distractions). In 1562 she opened a new monastery in Avila, over much opposition in the town and from the older monastery. At length Teresa was given permission to proceed with her reforms, and she travelled throughout Spain establishing seventeen houses of Carmelites of the Strict (or Reformed) Observance (the others are called Carmelites of the Ancient Observance). The reformed houses were

small, poor, disciplined, and strictly enclosed. Teresa died 4 October 1582. (She is commemorated on the 15th--why not the 14th, I wonder--because the Pope changed the calendar from the Julian to the Gregorian system, a difference of 10 days, on the day after her death.)

Teresa is reported to have been very attractive in person, witty, candid, and affectionate. She is remembered both for her practical achievements and organizing skill and for her life of contemplative prayer. Her books are read as aids to the spiritual life by many Christians of all denominations. Her *Life* is her autobiography to 1562; *The Way of Perfection* is a treatise on the Christian walk, written primarily for her sisters but of help to others as well; *The Book of Foundations* deals with establishing, organizing and overseeing the daily functioning of religious communities; *The Interior Castle* (or *The Castle of The Soul*) deals with the life of Christ in the heart of the believer. Most of these are available in paperback. 31 of her poems and 458 of her letters survive. Her feast day in the Roman Catholic Church is 15 October. The Lutheran Church (ELCA) commemorates her on December 14 together with St. John of the Cross.

Christ has no body now but yours  
No hands, no feet on earth but yours  
Yours are the eyes through which He looks  
compassion on this world  
Christ has no body now on earth but yours.

written by James Kiefer

Prayer

O God, who by your Holy Spirit moved Teresa of Avila to manifest to your Church the way of perfection: Grant us, we pray, to be nourished by her excellent teaching, and enkindle within us a keen and unquenchable longing for true holiness; through Jesus Christ, the joy of loving hearts, who with you and the Holy Spirit lives and reigns, one God, for ever and ever. Amen.

Apostles' Creed

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.

He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

### The Lord's Prayer

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in  
heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass  
against us.  
And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

### Suffrages A

Show us your mercy, O Lord;

And grant us your salvation.

Clothe your ministers with righteousness;

Let your people sing with joy.

Give peace, O Lord, in all the world;

For only in you can we live in safety.

Lord, keep this nation under your care;

And guide us in the way of justice and truth.

Let your way be known upon earth;

Your saving health among all nations.

Let not the needy, O Lord, be forgotten;

Nor the hope of the poor be taken away.

Create in us clean hearts, O God;

And sustain us with your Holy Spirit.

Collect of the Day: Pentecost, proper 23

Lord, we pray that your grace may always precede and follow us, that we may continually be given to good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

A Collect for the Renewal of Life

O God, the King eternal, who divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness while it was day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. Amen.

For Mission

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. Amen.

World Cycle of Prayer

We pray for the people of Monaco.

### Monaco Information

#### Ecumenical Cycle of Prayer

We pray for our sisters and brothers, members of the Alliance of Baptists.

### The Alliance of Baptists

#### For Peace Among Nations

Almighty God our heavenly Father, guide the nations of the world into the way of justice and truth, and establish among them that peace which is the fruit of righteousness, that they may become the kingdom of our Lord and Savior Jesus Christ. Amen.

#### For Those in the Armed Forces of Our Country

Almighty God, we commend to your gracious care and keeping all the men and women of our armed forces at home and abroad. Defend them day by day with your heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be; through Jesus Christ our Lord. Amen.

#### For the Conservation of Natural Resources

Almighty God, in giving us dominion over things on earth, you made us fellow workers in your creation: Give us wisdom and reverence so to use the resources of nature, that no one may suffer from our abuse of them, and that generations yet to come may continue to praise you for your bounty; through Jesus Christ our Lord. Amen.

#### A Prayer of Self-Dedication

Almighty and eternal God, so draw our hearts to you, so guide our minds, so fill our imaginations, so control our wills, that we may be wholly yours, utterly dedicated unto you; and then use us, we pray you, as you will, and always to your glory and the welfare of your people; through our Lord and Savior Jesus Christ. Amen.

#### General Thanksgiving

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation,

preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

#### A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

#### Benediction

Let us bless the Lord. Alleluia. Alleluia.

Thanks be to God. Alleluia. Alleluia.

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. Amen. *Romans 15:13*